



## Softball Specialty Camp - Session 2: Advanced Pitching OR Catching, or ANY AGE HITTING

2-day Any age Hitting OR ADVANCED PITCHING or CATCHING camp. Advanced Groups - intended for players with a higher level of experience (usually 4+ years experience.) You may register your daughter if you feel she is prepared for the faster pace and intensity that this camp will entail. Players 11 and under or newer players should join the 9:00 session as they will be behind in this group and we will not be able to slow it down for them.

**Camp Start Date:** June 12, 2025

**Start Time:** 10:30:00 AM

**Camp End Date:** June 13, 2025

**End Time:** 11:45:00 AM

**Date Details:** Session 2 Advanced Pitching OR Catching, any age Hitting

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**Venue Name:** St. Agnes Academy East Campus Athletics Complex

**Venue Address:** 7611 Bellaire Blvd, Houston, TX 77036

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**Camp Cost:** \$75.00

**Questions:** Priscilla Riser [priscilla.riser@st-agnes.org](mailto:priscilla.riser@st-agnes.org)

### Special Notes:

ADVANCED Pitching - For pitchers 12 and up with a solid fastball foundation who can train at an elevated pace. This advanced session will cover ways to improve fundamentals such takeoff, glide, plant, whip, and release. Pitchers will learn movements to improve overall speed, command, and efficiency. Pitchers will learn to use drills for continued training at home. ADVANCED Catching - catching experience required. Bring your own gear. Any age Hitting - experience recommended. Players must bring their own glove and bat and may wear shorts or pants. Please bring your own water bottle to fill at our filling stations. TShirts are included in All-Skills Camp Only.

### Medical Info:

We (or I) hereby request that you accept the application for the Softball Camp at St. Agnes Academy on the dates set forth. In consideration of your acceptance of this application, we (or I) hereby release St. Agnes Academy and all its employees and agents from all claims on account of any injuries which may be sustained by our (or my) daughter while attending the St. Agnes Sports Camp, and its employees and agents for any claim which may be hereafter presented by our (or my) minor daughter. We (or I) know of no mental or physical problems which may affect our (or my) daughter's ability to safely participate in the program. I further certify that the above mentioned person has insurance in case of emergency. Additionally, I consent to any medical treatment deemed necessary by the Licensed Athletic Trainer in the event of illness or injury to my child or dependent.