

St. Agnes Academy-Houston

Cross Country (F)



## Cross Country Camp 2025

**Camp Start Date:** June 2, 2025

**Start Time:** 6:30:00 AM

**Camp End Date:** June 5, 2025

**End Time:** 9:00:00 AM

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**Venue Name:** St. Agnes Academy East Campus Athletics Complex

**Venue Address:** 7611 Bellaire Blvd, Houston, TX 77036

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**Camp Cost:** \$150.00

**Questions:** Chris Warren [chris.warren@st-agnes.org](mailto:chris.warren@st-agnes.org)

**Special Notes:**

Our camp is designed for girls of all ages and running abilities. Each session will focus on basic training and building core strength. Experienced coaches will provide technical advice to help each runner build endurance and speed. Expect to work hard and build a strong fitness base!

**Medical Info:**

We (or I) hereby request that you accept the application for the Cross Country Camp at St. Agnes Academy on the dates set forth. In consideration of your acceptance of this application, we (or I) hereby release St. Agnes Academy and all its employees and agents from all claims on account of any injuries which may be sustained by our (or my) daughter while attending the St. Agnes Sports Camp, and its employees and agents for any claim which may be hereafter presented by our (or my) minor daughter. We (or I) know of no mental or physical problems which may affect our (or my) daughter's ability to safely participate in the program. I further certify that the above mentioned person has insurance in case of emergency. Additionally, I consent to any medical treatment deemed necessary by the Licensed Athletic Trainer in the event of illness or injury to my child or dependent.